



M.O.T.I.V.A.T.E.

Influence For Lasting Impact

Scripture verses unless otherwise indicated are from
the New American Standard Bible (NASB).

Copyright © 1960, 1962, 1963, 1968, 1971, 1972, 1973,
1975, 1977, 1995 by the Lockman Foundation.
Used with permission. All rights reserved.

M.O.T.I.V.A.T.E.

Copyright © 2020 by Global Leadership Center

All rights reserved. No part of this publication may be reproduced,
stored in a retrieval system, or transmitted in any form or by any
means — electronic, mechanical, photocopy, recording, or any other,
without the prior permission of GLC.

TABLE OF CONTENTS

How to Use this Workbook	page 1
Session One: Modeling	page 3
Session Two: Open Communication	page 6
Session Three: Time	page 9
Session Four: Intimacy	page 12
Session Five: Vision	page 15
Session Six: Affirmation	page 18
Session Seven: Teach and Train, Part One	page 21
Session Eight: Teach and Train, Part Two	page 24
Session Nine: Entrust	page 28
<u>Appendices</u>	
Appendix A: How to Paraphrase in 3 Easy Steps	page 31
Appendix B: True Colors (How to Share the Gospel to Kids)	page 32
Appendix C: What is the Best Decision You've Made in Your Life? (How to Share the Gospel to Adults)	page 38

HOW TO USE THIS WORKBOOK

Here is how it works: There are five sections you go through for each lesson of **MOTIVATE**:

Read It

Begin by reading the verses aloud **word for word (God's Word)**.

Paraphrase It

Restate the verses in your own words. Write down a **paraphrase** of the passage in the **My Words** section. Pretend you are retelling the passage to a friend. Use your own words, and make sure you cover everything in the passage. Retelling it helps you make sure you really understand what it means.

See Appendix A for "How to Paraphrase in 3 Easy Steps"

Talk About It

Study and understand the verses better through the **"Talk About It"** section using the guide questions.

Point It Out

This section summarizes the main points of the verse/s you discussed. Go through this after everyone in the group has shared their answers.

Apply It

Write down what you will do as a result of what you have learned in the “Apply It” (I Will) section. This should always be written in the form, “I will _____.” That makes it a commitment between you and God to obey what you have learned. Then commit to the Lord that you will indeed do it and ask Him for the power and strength through the Holy Spirit to do so. Use the **SMART** guide to create your action point.

Simple
Measurable
Appropriate
Realistic
Time-bound

Example:

Common Statement	SMART Goal
I will be more loving toward my wife and tell her that I love her.	I will buy my wife roses this week.
I will control my temper.	I will count to ten before reacting when a car cuts me off in traffic on EDSA this week.
I shouldn't gossip.	I will politely change the subject when Bing calls me up tonight to tell me about the terrible things her sister did to her.

Share It

Finally, each member of the group should determine whom they will share this with. The best way to internalize a lesson is to share it with someone else.

How to Fill Out this Workbook Digitally

1. Open the MOTIVATE PDF workbook in Adobe Acrobat or Adobe Reader.
2. Click Fill & Sign in the right pane.
3. Choose the Fill and Sign option and use the specific tools and options displayed in the toolbar to type your answers to the Paraphrase It and Apply It portions of the workbook.



Session One:

MODELING

Read It

God's Word

1 Corinthians 11:1

“Be imitators of me, just as I also am of Christ.”

Titus 2:7

“Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity...”

Galatians 5:16

“But I say, walk by the Spirit, and you will not carry out the desire of the flesh.”

Paraphrase It

My Words

A large white rectangular area intended for writing a paraphrase of the provided Bible verses.

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about following Jesus?
4. What did you learn about being a model to others (e.g. your family, relatives, schoolmates, workmates, etc.)?
5. What change should you undertake in relating to your family/schoolmates/workmates?

Point It Out

Modeling is the most effective way of teaching.

It is lifestyle teaching. Values are more caught than taught. To be effective models, we must walk our talk.

1 Model Christlike character.

People around us will copy what we do more than what we say. Our ultimate role model must be Jesus. He is loving, kind, joyful, patient and sacrificial (*1 John 2:6; John 13:34*).

2 Be intentional.

Modeling is so powerful because values are more caught than taught.

3 Be authentic.

Modeling is not perfection. No one is perfect, and we all make mistakes. Modeling is about being authentic and real. It is acknowledging our mistakes and in humility asking for forgiveness from those we have hurt or unintentionally misled (*1 John 1:8*).

4 Beware of hypocrisy.

Be consistent.

Apply the One-Man Principle.

When we live for the audience of One (God), then being the same Christlike “man” in all the circles of our life — at home with our family and in public such as at work, with friends, or in ministry — is authenticity (*Titus 2:7*).

5 Be empowered by the Holy Spirit.

The Christian life is a supernatural life. It is impossible to live the Christian life on our own power. To be a model of Christlikeness, we must be controlled by the Holy Spirit (*Galatians 5:16; Galatians 5:22-23*).

To walk in the power of the Holy Spirit, a practical acronym to apply is P-R-A-Y:

P Pause and take a deep breath

R Resist your first response, which is usually reactive, hurtful, and sinful.

A Ask the Holy Spirit, “What should I say?” or “What should I do to build the person up?”

Y Yield to the Holy Spirit’s control and then respond in a way that pleases God.

Apply It

Based on what you learned from MOTIVATE Session 1: MODELING, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

- S** imple
- M** easurable
- A** ppropriate
- R** ealistic
- T** ime-bound

I will...

Share It

With whom will you share these truths this week?

Session Two:

OPEN COMMUNICATION



Read It

God's Word

James 1:19-20

“...But everyone must be quick to hear, slow to speak and slow to anger; for the anger of man does not accomplish the righteousness of God.”

Paraphrase It

My Words

Talk About It

1. What did you learn about God?
2. What did you learn about people?
3. What did you not like about these verses OR what did you find difficult about this verse? Why?
4. What does this verse reveal to you about your communication style in relation to listening and talking?
5. What change should you undertake in relating to your family/schoolmates/workmates?

Open communication offers an opportunity for anyone to share their real thoughts and feelings without being judged.

Where there is open communication, there is greater influence.

1 Listen more, don't lecture.

In James 1:19-20, God gives us His formula for good communication: it is to listen more and talk less. We should learn to listen to understand before we speak to be understood. This requires intentionality and practice.

2 Give full attention.

Make people feel that they are valued by being genuinely interested in what they are saying. We need to stop what we are doing, look them in the eyes, and focus on what they are and aren't saying by their body cues. Don't be on your phone or other devices when someone is talking to you.

3 Be available to talk.

When your children, spouse, or others want to talk, be available as much as possible. Setting aside a regular time to talk sends the message that we want to connect on a deeper level with the people around us. If this becomes a practice, then they will know we care and will feel safe to open up when they need help.

4 Ask open-ended questions.

To better understand a person and what is going on in his/her heart, ask open-ended questions. These questions cannot be answered by a one-word response like "yes" or "no." Ask them what they think, how they feel, and why they said what they said.

5 Paraphrase or clarify.

Understand and acknowledge the person's emotions by paraphrasing or clarifying what was said. Use statements such as, "Is this what you are saying...", "So, this is what you mean...", or "You are telling me that...". Then, let them affirm or correct our understanding of what's going on in their hearts. It's not about how we see things — it's about how they see their situation.

6 Interact, don't react in anger.

If we feel that a person's point of view is wrong, we should not react in anger. Seek to dialogue rather than to debate, judge, or put them down. The goal is to help them process what they are thinking in order to come up with a God-honoring perspective. You can let them read Scripture verses related to their situation and then ask them what God is saying to them based on those verses. In guiding a person to right thinking and behavior regarding the issue at hand, we must model Christlike character by speaking the truth in love.

7 Ask them how you can pray for them.

And then pray and follow up by asking them if God has answered your prayer.

Apply It

Based on what you learned from MOTIVATE Session 2: OPEN COMMUNICATION, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

S imple
M easurable
A ppropriate
R ealistic
T ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Three: TIME

Read It

God's Word

Mark 3:14

“And (Jesus) appointed twelve, so that they would be with Him and that He could send them out to preach.”

Acts 4:13

“Now as they observed the confidence of Peter and John and understood that they were uneducated and untrained men, they were amazed, and began to recognize them as having been with Jesus.”

Paraphrase It

My Words

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you discover about Jesus?
4. What did you learn about following (being with) Jesus?
5. What did you learn about the role of time in our ability to influence others?
6. What change should you undertake in relating to your family/schoolmates/workmates?

Time builds relationships.

1 Prioritize the relationships that matter most.

Jesus was intentional in spending time with His disciples. He lived, taught, trained, ate, and ministered with them. Similarly, if we want to influence our family members and mentees, we need to be strategic and intentional about making ourselves “fully present” physically, and available to spend time with them.

2 View time as an investment. More time equates to more influence.

We see how Moses exemplified life-on-life discipleship. He spent a lot of time with Joshua, allowing Joshua to watch his life up close. As a result, Joshua was equipped and ready to take Moses’ place when the Israelites finally entered the promise land.

(Numbers 11:28)

3 Quality time and quantity time go together.

We will make time for our priorities. If our family is our priority, we will find the time — both quantity and quality — to spend with them. The more time we give to our family, the more opportunities we will have to build a closer relationship with them, and good relationships will translate to greater influence in their lives.

4 Be Available for “Magic Moments”

These are times when you are together, and they suddenly open up. It is when people invite you to enter their private, inner life and let you know their deepest thoughts and personal concerns and ask life-changing questions. They happen naturally when we are available as we spend time together, build our relationship and earn their trust.

5 View time as an investment.

Time spent with your family and disciples is an investment with eternal dividends. We will never have time unless we are intentional in making time. Having no time is a myth — we will always find time for what is important to us.

Apply It

Based on what you learned from MOTIVATE Session 3: TIME, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

- S** imple
- M** easurable
- A** ppropriate
- R** ealistic
- T** ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Four: INTIMACY

Read It

God's Word

1 Corinthians 15:33

“Do not be deceived: ‘Bad company corrupts good morals.’”

Matthew 5:23-24

“Therefore, if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.”

Paraphrase It

My Words

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about God?
4. What did you learn about people?
5. What did you learn about the importance or impact of relationships in our lives?
6. What change should you undertake in relating to your family/schoolmates/workmates?

The closer (more intimate) the relationship, the greater the influence.

1 Enter into their world.

Find out what activities interest your family or friends and participate or watch them at least. Shared fun times bond you together and let them know that you enjoy being with them. Ask them about their dreams, their fears, and their heartaches. Learn to listen well as they talk about what is going on in their world.

2 Share personal stories and feelings.

When we share our personal stories — the different seasons of our lives, adventures, failures, and mistakes, what we learned from these, as well as our hopes and dreams — this vulnerability and authenticity allows others to feel greater intimacy with us.

3 Go on special dates.

Family gatherings on weekends, birthdays, and holidays are wonderful times to connect with family members, but one-on-one dates are also important. Take your spouse, children, grandparents, mom, dad, or siblings out on individual dates.

4 Do things together: vacations, sports, hobbies, eating, etc.

These are some ways to enjoy connecting with one another:

Go on vacations together. It could be a short, out-of-town trip, a simple getaway, or a change of environment. Play sports and develop hobbies together. Schedule meals together during the week or out in a restaurant without the distraction of gadgets to encourage conversation.

5 Pray and study the Bible together.

Praying together helps us to know the hearts and concerns of each other. It can happen around the dinner table, at scheduled times of the day, or spontaneously. Family Bible studies should be done weekly. Discuss the Sunday messages or focus on a short passage of Scripture and take turns sharing insights and applications and how to apply them in your life. These help you grow spiritually and bond you together.

6 Do ministry together.

Teaching, caring for, and helping others together bond us closer to one other. We share in each other's joy as we witness lives transformed by the power of God.

7 Restore broken relationships.

Reconciling relationships is a priority for God and of utmost importance to effectively lead them to Jesus. This is so serious that the Lord commands us to fix these relationships first before presenting ourselves before Him. (Matthew 5:23-24).

Ask family members or others three questions: How can I improve? How have I hurt or disappointed you? Will you please forgive me? This gives them the opportunity to open their hearts to you.

Apply It

Based on what you learned from MOTIVATE Session 4: INTIMACY, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

S imple
M easurable
A ppropriate
R ealistic
T ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Five: VISION

Read It

God's Word

Proverbs 29:18

"Where there is no vision, the people perish." (KJV)

Jeremiah 29:11

"For I know the plans that I have for you," declares the LORD, "plans for welfare and not for calamity to give you a future and a hope."

Ephesians 2:10

"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them."

Paraphrase It

My Words

A large, empty white rectangular box intended for writing a paraphrase of the scriptures.

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about people?
4. What did you learn about Jesus?
5. What do you think is the role of vision to influence/motivate your family, relatives, schoolmates, workmates, etc.?
6. What change should you undertake in relating to your family/schoolmates/workmates?

Point It Out

Vision gives direction, purpose, and motivation.

1 Teach others that God has a unique vision for each of them.

Be a dream releaser! Help others discover God's unique vision for them as individuals. God has fully equipped each person with the intelligence, gifts, talents, and personality to accomplish His vision.

2 Teach them that their vision must impact their present choices.

What we sow, we will reap. A person cannot sow one thing and hope to reap another (*Galatians 6:7*).

Our present choices will impact our future, so we should look at the choices we make in light of our vision. Remember that our direction determines our destination.

3 Teach the importance of delayed gratification.

This is the principle of "Pay now and play later" or "Play now and pay later". To do responsibilities first is the principle of "Pay now and play later." Playing first or seeking pleasure first and neglecting responsibilities or work will result in negative consequences of exacting a payment later.

4 Teach them the Law of Choices and Consequences.

Through stories from our own lives, other people's lives, and stories of people in the Bible, we can demonstrate that wise choices lead to blessing and unwise choices lead to difficult and painful consequences. God holds us accountable for our choices. We are free to choose, but we are not free to choose the consequences of our choices.

5 Be empowered by the Holy Spirit.

God has a Big Picture Vision for all who follow Him. The primary vision is to glorify God in all we do. Encourage your family to do their best for Jesus, and to be excellent for His glory. (*1 Corinthians 10:31*)

Apply It

Based on what you learned from MOTIVATE Session 5: VISION, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

- S** imple
- M** easurable
- A** ppropriate
- R** ealistic
- T** ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Six:

AFFIRMATION

Read It

God's Word

Proverbs 18:21

“Death and life are in the power of the tongue, and those who love it will eat its fruit.”

Ephesians 4:29

“Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.”

Matthew 3:17

“And a voice from heaven said, “This is my Son, whom I love; with Him I am well-pleased.” (NIV)

Paraphrase It

My Words

A large, empty white rectangular area provided for writing a paraphrase of the scriptures.

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about Jesus?
4. What did you learn about people?
5. What did you learn about the power of the words we speak to others?
6. What change should you undertake in relating to your family/schoolmates/workmates?

Point It Out

Affirmation encourages positive change.

1 Affirm through positive words and avoid unwholesome words.

Do not speak any unwholesome or 'death words' to others. These words tear down, wound the spirit, and discourage. They erode others' confidence and self-image. We need to be intentional in speaking wholesome or 'life words'. These are words which affirm and build up others. (*Ephesians 4:29*)

2 Affirm a person's uniqueness.

God created each person as unique. Each one is a masterpiece (*Ephesians 2:10*). Help your children, spouse, and others to identify their uniqueness and express appreciation for it. Don't compare them to others because God does not compare us.

3 Affirm through unconditional love.

God loves us with unconditional love (*Romans 5:8*). It is an unconditional commitment to an imperfect person for his or her highest good, which often requires sacrifice. This is how we are to love others with His love. Affirm with these words: "I love you and there is nothing you will do that will make me stop loving you!"

4 Affirm progress.

Affirm a family member's or mentee's progress, no matter how little. This motivates them to keep improving and growing. Develop "detective eyes" to spot Christlike character. When you see godly behavior, be intentional in affirming it.

5 Affirm through physical affection.

Affection is a positive non-verbal affirmation. Hugs, an arm on the shoulders, and a pat on the back are all appropriate forms of affection. Research confirms that when a person of any age is hugged, oxytocin is released in the brain, relaxing them and bonding them to the other person. Jesus was very affectionate and He affirmed through touch (*Mark 10:16*).

6 Affirm through positive expectation.

Having positive expectation for people affirms them and motivates them to aspire to live up to these expectations. Intentionally develop positive expectations and see positive results.

7 Don't focus on faults or shortcomings.

It is God who starts the work in their lives and hearts. It is God who will finish it. (*Philippians 1:6*) Affirm their potential in Christ and inspire them to work towards it. Do not look at them just as they are today.

Increase positive words of affirmation and reduce negative words of correction. Ideally, there should be 5 positive comments for every criticism (*Harvard Business Review, March 15, 2013*).

Apply It

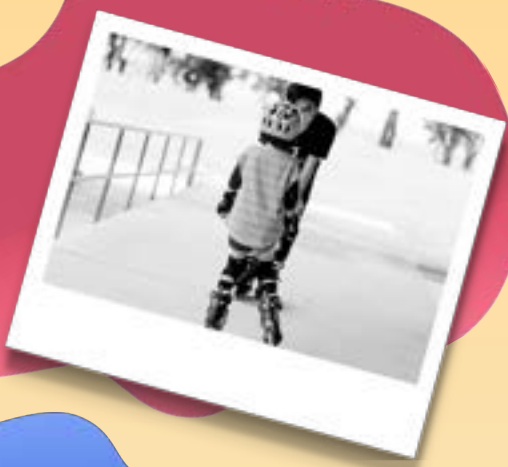
Based on what you learned from MOTIVATE Session 6: AFFIRMATION, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

S imple
M easurable
A ppropriate
R ealistic
T ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Seven:

TEACH AND TRAIN

Part One

Read It

God's Word

Ephesians 6:1-3

“Children, obey your parents in the Lord, for this is right. Honor your father and mother (which is the first commandment with a promise), so that it may be well with you, and that you may live long on the earth.”

Romans 13:1

“Let every person be subject to governing authorities. For there is no authority except from God...” (NLT)

Paraphrase It

My Words

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about God?
4. What did you learn about people?
5. What did you learn about teaching and training others to obey God and authorities?

Effective training results in obedience to parents and to God and internalized values.

1 Obedience brings blessing.

This is the promise in Ephesians 6:3. Stress this when teaching obedience.

2 Obedience should be with respect and a positive attitude.

Biblical obedience focuses on respect for authority. We are to obey God's appointed authorities:

- Parents
- Governing officials
- Teachers
- Church leaders
- Husband
- Employer

As we respectfully obey the God-appointed authorities in our lives, we are obeying God, trusting that He will take care of us. Conversely if we disobey our authorities, we are disobeying God. The only exception is when our human authorities tell us to disobey God's Word (*Acts 5:29*).

3 Obedience is without delay.

Delayed obedience is disobedience (*Psalms 119:60*).

4 One-command obedience

Many among us obey only after repeated commands, or after being threatened with some form of punishment. We need to learn to obey our authorities on the first command, and we should teach this to our children and to our disciples.

If you keep on repeating the command or threatening your child because they are not obeying you, you are teaching them to disrespect you and to not obey you.

Apply It

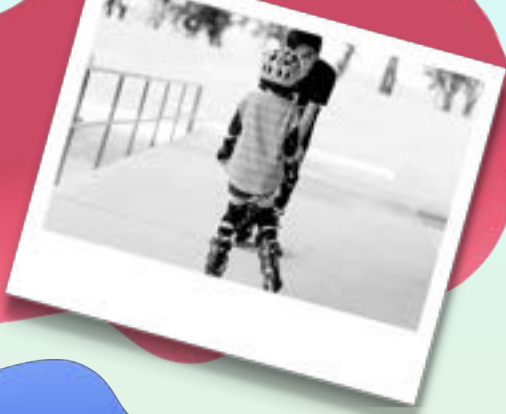
Based on what you learned from MOTIVATE Session 7: TEACH AND TRAIN Part 1, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

S imple
M easurable
A ppropriate
R ealistic
T ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Eight:

TEACH AND TRAIN

Part Two

Read It

God's Word

Deuteronomy 6:5-7

"You shall love the LORD your God with all your heart and with all your soul and with all your might. These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up."

Luke 2:52

"And Jesus kept increasing in wisdom and stature, and in favor with God and men."

Romans 12:2

"And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect."

Paraphrase It

My Words

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about God?
4. What did you learn about Jesus?
5. What did you learn about following Jesus?
6. What did you learn about teaching and training the next generations? (Youth and singles may answer in terms of spiritual generations — the younger people they can disciple.)

Lifestyle training helps internalize values.

1 Teach them about their identity.

- a. God sees them as special. Their identity and worth should be based on how God sees them — as special and priceless. (*Psalm 139:14*)
- b. God wants them to develop Christlike character. Developing Christlike character is at the heart of discipleship. (*Romans 8:29*)
- c. God wants them to have God-confidence. God-confidence is the confidence that by God's power they can do whatever God wants them to do and be whatever He wants them to be. (*Philippians 4:13*)

2 Teach them about family.

- a. Teach them to respect family members. Respect is essential for healthy relationships. If family members respect each other, then they will have positive and close relationships. (*Matthew 7:12*)
- b. Teach them to forgive one another. God, in His love, forgives all our sins when we trust in Jesus Christ to be our Lord and Savior. That is the basis of our forgiving one another. To forgive and be forgiven is essential to have a harmonious and peaceful relationship with others. (*Ephesians 4:31-32*)
- c. Teach them to give to and invest in the lives of family members. The antidote for selfishness is to serve others, especially family members. A person's heart gravitates towards the persons they are helping or serving. It makes them kinder and more loving towards that person. (*Philippians 2:4*)

3 Teach them about friends.

- a. They need to choose friends wisely. The people we spend the most time with will be the ones to influence us the most. (*1 Corinthians 15:33*)
- b. Teach the importance of standing alone for Jesus if necessary. They need to commit to obey God and to please Him. (*Acts 5:29*)
- c. Teach them that tolerance of other views and beliefs does not mean acceptance and approval when these are against the Biblical worldview.

- d. Teach them that love includes seeking the highest good of others.

4 Teach them how to choose their future spouse.

A future spouse will impact their future for better (*Proverbs 31:10-12*) or for worse (*2 Corinthians 6:14-15*) with long-term consequences — bringing them closer to the Lord or driving them away from Him. They should prepare themselves to be the person God wants them to be. They should seek the blessing of their parents before committing to a relationship or marriage.

5 Teach them about the world.

- a. Teach them not to conform to the world. To be conformed to the world means that we follow the world's values. When we study and obey God's Word, the truth, our minds are renewed and transformed so that we will not be conformed to this world. (*Romans 12:2*)
- b. Teach them to be careful about digital addiction. We must be intentional about warning them that these dangers exist, protecting them from these by putting practical safeguards on devices and exposure to media. Practice good habits as a family when it comes to the internet, online space, and media.

6 Teach them to develop convictions.

Temptations are inevitable, but convictions can protect our family members, children, and disciples from falling and making wrong choices. They need to decide in advance what they will do when temptation comes. Some of the convictions they need to internalize:

- To sexual purity: no premarital or extramarital sex (*2 Timothy 2:22*)
- To avoiding addictive substances or engaging in addictive activities (*Ephesians 5:18*)
- To use their time wisely, and to develop God's gifts and abilities. (*Ephesians 5:15-17*)
- To live to please God (*2 Corinthians 5:9-10*)
- To not love the world or the things of the world (*1 John 2:15*)
- To make a positive impact in the world for God (*Matthew 5:13-14,16*)

Lifestyle teaching is done in the context of living life together.

1 Help them develop holistically.

The goal in discipling our children and others is to help the person reach their full God-given potential — physically, mentally, socially, and spiritually (*Luke 2:52*). Holistic training must consider IQ, EQ (Emotional Quotient), AQ (Adversity Quotient) and SQ (Spiritual Quotient).

- a. **Mentally.** Encourage children to read educational books and materials, especially about outstanding men and women who made positive contributions to society.
- b. **Physically.** Motivate your children and disciples to exercise regularly and to eat healthy food which includes avoiding too much sugar and refined foods.
- c. **Socially.** We were created for relationships. We must be models and teach those we are discipling, including our children, to think of others' needs and relate to others with empathy, genuine interest, and care.
- d. **Spiritually.** Help nurture other's spiritual growth by encouraging them to develop an intimate relationship with God through faith in Jesus Christ. (*See Appendix B on How to Share the Gospel to Kids and Appendix C on How to Share the Gospel to Adults*)
Model to them and encourage them to practice the spiritual habits of prayer and reading the Bible daily.

Apply It

Based on what you learned from MOTIVATE Session 8: TEACH AND TRAIN Part 2, write down your action point to apply the lesson you learned. Make this your "I will..." statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

S imple
M easurable
A ppropriate
R ealistic
T ime-bound

I will...

Share It

With whom will you share these truths this week?



Session Nine:

ENTRUST

Read It

God's Word

Ezekiel 36:26

"I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh."

Paraphrase It

My Words

Talk About It

1. What did you like about these verses?
2. What did you not like about these verses OR what did you find difficult about these verses? Why?
3. What did you learn about God?
4. What did you learn about people?
5. What change should you undertake in relating to your family/schoolmates/workmates?

Only God can change a person's heart.

Give them facts to anchor their faith on.

Train them how to use apologetics to defend their faith. Help them know why they believe. The Christian faith is not anti-intellectual. It can be investigated, studied, and defended. Faith is not blind faith.

Why we can believe the Bible — the Bible is reliable

- **Archaeology** - Many aspects of the Bible are backed up by archaeological evidence.
- **Prophecy** - In His lifetime, Jesus Christ fulfilled over 300 prophecies from the Old Testament.

Why we can believe in Jesus

The ultimate proof of the Bible is in the resurrection of Jesus. Through His resurrection, Jesus affirmed the Old Testament and the New Testament (*Romans 1:4*).

Teach them who God is and connect them to God.

Our view of God impacts our lives. To grow in faith and to withstand the trials we encounter in life, we need to have an accurate biblical view of God. How we perceive God will determine how we respond to Him and how we make decisions and respond to problems.

- **God is Sovereign** — There is nothing out of God's control, nothing that God hasn't foreseen and planned. God can do anything He wills to do (*Psalms 135:6*).

- **God is Omniscient** — God is all-knowing. He makes no mistakes and is not caught by surprise. He knows what is best for us (*Psalms 139:2-4*).
- **God is Good** — God is perfect. He is not arbitrary, nor is He indifferent. Not only does He know what is best for us, He is after our best interest. He promises to cause all that happens to us to work for our good (*Romans 8:28*).
- **God Loves us** — God loves us unconditionally, sacrificially, and perfectly. We can be absolutely secure in His love because nothing can separate us from His love (*Romans 5:8*).
- **God is a Rewarder** — The faith that pleases God is a faith that believes that God exists, and that He will reward those who seek Him. When difficult times come and circumstances become challenging, we must choose to believe that God will turn things around and reward us (*Hebrews 11:6*).
- **Jesus is the coming Judge and King** — While justice here on earth is imperfect, we can rest in the assurance that when Jesus comes again, He will reign with perfect justice (*Romans 14:11-12*).

We need to teach others that we do not judge God based on our circumstances, but we interpret our circumstances based on who God is. Even if our circumstances do not seem favorable or beneficial, we do not need to worry because God, who is omniscient, knows the end of all things. Furthermore, He has given us the supernatural capacity to overcome the world through Jesus's death and resurrection (*John 16:33*). With God, the best is yet to come, no matter what we face in this life.

Apply It

Based on what you learned from MOTIVATE Session 9: ENTRUST, write down your action point to apply the lesson you learned. Make this your “I will...” statement and follow the S.M.A.R.T. guideline to come up with a doable action point.

- S** imple
- M** easurable
- A** ppropriate
- R** ealistic
- T** ime-bound

I will...

Share It

With whom will you share these truths this week?

HOW TO PARAPHRASE IN 3 EASY STEPS

1. Read the text carefully. Be sure you understand the text fully.
2. Write your paraphrase in your own words. Consider each point of the original text, how could you rephrase it? Do not simply replace every third or fourth word of the original passage.
3. Review your paraphrase. Does it reflect the original text but is in your own words and style? Did you include all the main points and essential information?

Source: "Quoting, Paraphrasing and Summarizing" published at <https://writingcenter.ashford.edu/quoting-paraphrasing-summarizing> . Accessed 5/20/2020 6:00 PM GMT+8

Examples in Bible verse paraphrasing:

<p style="text-align: center;">NASB ©1960, 1962, 1963, 1968, 1971, 1972, 1973, 1975, 1977, 1995 Lockman Foundation La Habra, CA. USA</p>	<p style="text-align: center;">The Message Eugene H. Peterson NavPress Publishing ©1994, 1995, 1996, 2000, 2001, 2002</p>	<p style="text-align: center;">The Living Bible ©1971 Tyndale House Publishers, Wheaton, Il. USA</p>
<p style="text-align: center;">Literal Version</p>	<p style="text-align: center;">Paraphrase Versions</p>	
<p>Acts 9:26-27</p> <p>When he came to Jerusalem, he was trying to associate with the disciples; but they were all afraid of him, not believing that he was a disciple.</p> <p>But Barnabas took hold of him and brought him to the apostles and described to them how he had seen the Lord on the road, and that He had talked to him, and how at Damascus he had spoken out boldly in the name of Jesus.</p>	<p>Acts 9:26-27</p> <p>Back in Jerusalem he tried to join the disciples, but they were all afraid of him. They didn't trust him one bit.</p> <p>Then Barnabas took him under his wing. He introduced him to the apostles and stood up for him, told them how Saul had seen and spoken to the Master on the Damascus Road and how in Damascus itself he had laid his life on the line with his bold preaching in Jesus' name.</p>	<p>Acts 9:26-27</p> <p>Upon arrival in Jerusalem he tried to meet with the believers, but they were all afraid of him. They thought he was faking!</p> <p>Then Barnabas brought him to the apostles and told them how Paul had seen the Lord on the way to Damascus, what the Lord had said to him, and all about his powerful preaching in the name of Jesus.</p>

HOW TO SHARE THE GOSPEL TO KIDS





AND HIS WONDERFUL PLAN CAN BE BETTER TOLD WITH COLORS!

THIS IS THE BOOK OF TRUE COLORS.

GOLD



LET'S DISCOVER GOD'S WONDERFUL PLAN FOR YOU, BEGINNING WITH THE COLOR GOLD.

When I see gold, it reminds me of heaven.
In heaven, even the streets are made of gold! *(Rev. 21:21)*

And do you know who lives in heaven?



God, the Creator!

Can you name some of the things that God created?

God created you and me and He loves us all. *(John 3:16)*

God is also Holy and perfect.
He has no sin.



God wants us to be in heaven but...

BLACK



**WE HAVE A PROBLEM.
IT IS CALLED SIN.**

The color black tells us of this dark and sad problem.
We all have sinned and can't measure up to God. *(Rom. 3:23)*
Sin is anything we think, say, or do
that is not pleasing to God.

What are some examples of sin?



**Sin has a punishment.
That punishment is DEATH.**
(Rom. 6:23);

**This means being separated from God.
The Bible calls this HELL.**

One day, we are all going to die
and be separated from God
because of our sin.



**But God did
something...**

RED



**BECAUSE GOD LOVED US SO MUCH,
HE MADE A PERFECT WAY FOR US
TO BE WITH HIM FOREVER!**

The color red reminds me of God's love for us;
A love so big that He sent His son Jesus to be the way!
(John 3:16)

Jesus is perfect and never sinned.



Jesus died and shed His blood for us.

He paid for all our sins to be forgiven by dying for us! *(Hebrews 9:22)*

Jesus died and rose again,
And now lives in heaven.
(1 Corinthians 15:3-5)

Now, because of what Jesus did for you,
you can be in heaven with God.



But, this is what you need to do..

WHITE



OUR DARK AND SAD HEARTS CAN BE MADE CLEAN WHEN WE INVITE JESUS AS OUR LORD AND SAVIOR THROUGH FAITH.

The color white is a bright and clean color.
Do you want your heart to be clean in God's eyes?
If you do, talk to God in prayer and...

Admit that you have sinned.

Believe that Jesus died for you and gave His blood to pay for your sins.

Choose Jesus as your Lord and Savior



"Lord Jesus,

I am a sinner.
I have sinned but You paid for my sin
so I can be with God in heaven forever.
Forgive me for my sin.
I receive You as my Lord and Savior."
Amen.

IS THIS WHAT YOUR HEART WANTS TO SAY TO GOD?



***If it is,
talk to Him in prayer.***

CONGRATULATIONS!



**Now you are
a child of God.**

(John 1:12)



**Jesus promises,
“... I will never leave you;
I will always be by your
side.”**

(Hebrews 13:5)



**With Jesus
in your heart,
you can be
with God forever!**



GREEN



GREEN REMINDS US

Of things that grow...
We, too, need to grow.

**We need to grow in our relationship
with Jesus by...**



1

**Praying.
Talk to God
like you
talk to a
friend.**

2

**Reading
and
obeying
what the
Bible says.**

3

**Going to
Church.**

4

**Telling
others
about
Jesus.**

**If this story has been helpful to you,
please share it with someone else.**

>SAVE_

Adapted from the Wordless Book.
For more info, send us a message on:



@ccfnxtgen



CHRIST'S
COMMISSION
FELLOWSHIP

HOW TO SHARE THE GOSPEL TO ADULTS





3

THERE ARE FOUR
IMPORTANT TRUTHS
THAT WE MUST KNOW:

TRUTH #1

**GOD
LOVES
YOU
AND
DESIRES
THAT
YOU...**

- **HAVE ETERNAL LIFE WITH HIM.**
“For God loved the world so much that he gave his only Son, so that everyone who believes in Him may not die but have eternal life.” (John 3:16)
 - **HAVE AN ABUNDANT AND MEANINGFUL LIFE WITH HIM.**
“The thief comes only in order to steal, kill, and destroy. I have come in order that you might have life — life in all its fullness.” (John 10:10)
- BUT MOST PEOPLE AREN'T EXPERIENCING A MEANINGFUL LIFE AND AREN'T SURE THAT THEY HAVE ETERNAL LIFE BECAUSE...

TRUTH #2

MAN HAS
A **SIN**
PROBLEM
THAT
SEPARATES
HIM FROM
GOD.

- **EVERYONE HAS SINNED.**
Romans 3:23 says, “everyone has sinned and is far away from God’s saving presence.”

5

THE PENALTY OF SIN IS DEATH.

"For sin pays its wage — death;" (Romans 6:23)

6

THE BIBLE TALKS ABOUT DIFFERENT KINDS OF DEATH:

- **PHYSICAL DEATH**
"Everyone must die once, and after that be judged by God." (Hebrews 9:27)
- **SPIRITUAL DEATH OR ETERNAL SEPARATION FROM GOD.**
"But cowards, traitors, perverts, murderers, the immoral, those who practise magic, those who worship idols, and ALL LIARS — the place for them is the lake burning with fire and sulphur, which is the second death." (Revelation 21:8)

SINCE SIN SEPARATES MAN FROM GOD, WHAT IS THE SOLUTION TO THIS PROBLEM?

We often think that
RELIGION
GOOD WORKS
GOOD MORALS
are the solution.
But there is only one solution from God.

MAN

GOD



Religion

Good Works

Good Morals

7

TRUTH #3

JESUS CHRIST IS GOD'S ONLY WAY TO ETERNAL LIFE.

MAN

GOD

WHY?
HE IS THE ONLY WAY.

JESUS

In John 14:6, Jesus says, "I am the way, the truth, and the life; no one goes to the Father except by Me."

8

- **HE COMPLETELY PAID THE PENALTY OF YOUR SINS.**

"For Christ died for sins once and for all, a good man on behalf of sinners, in order to lead you to God." (1 Peter 3:18)

- **HIS RESURRECTION PROVES THAT HE IS THE SON OF GOD, THE MESSIAH, THE ONLY SAVIOR.**

"It is about His Son, our Lord Jesus Christ: as to His humanity, He was born a descendant of David; as to His divine holiness, He was shown with great power to be the Son of God by being raised from death." (Romans 1:3-4)



9

TRUTH #4

MAN

GOD

JESUS

WE MUST PLACE OUR **FAITH IN JESUS CHRIST** TO SAVE US.

WE ARE SAVED BY GOD'S GRACE THROUGH FAITH IN JESUS CHRIST ALONE.

10

"For it is by God's grace that you have been saved through faith. It is **not** the result of your own efforts, but God's gift, so that no one can boast about it." (Ephesians 2:8-9)

Based on Ephesians 2:8-9, if salvation can be expressed in a formula, which do you think is the correct one?

FAITH IN JESUS + GOOD WORKS = SALVATION

FAITH IN JESUS + NOTHING FROM US = SALVATION = LEADING TO GOOD WORKS

11

GOOD WORKS

are not the means to salvation, rather they

ARE THE EVIDENCE OF YOUR SALVATION.

12

● WE SHOW OUR FAITH IN JESUS CHRIST BY:

1. Being willing to turn away from sin
2. Trusting Jesus for your forgiveness
3. Accepting His gift of eternal life through prayer

For sin pays its wage — death; but God's free gift is eternal life in union with Christ Jesus our Lord. **(Romans 6:23)**

"He rescued us from the power of darkness and brought us safe into the kingdom of His dear Son, by whom we are set free, that is, our sins are forgiven." **(Colossians 1:13-14)**

13

GOD PROMISED THAT YOU CAN KNOW TODAY THAT YOU HAVE ETERNAL LIFE WHEN YOU TRUST IN JESUS.

THIS WILL DETERMINE YOUR ETERNAL DESTINY.

The testimony is this: God has given us eternal life, and this life has its source in his Son. Whoever has the Son has this life; whoever does not have the Son of God does not have life. **(1 John 5:11-12)**

ARE YOU WILLING TO MAKE
THE DECISION TO TRUST AND FOLLOW
JESUS AS YOUR LORD AND SAVIOR?

14

Pray this in faith:

LORD JESUS, THANK YOU SO MUCH FOR LOVING ME. I CONFESS THAT I HAVE SINNED AGAINST YOU. THANK YOU FOR DYING ON THE CROSS FOR MY SINS. TODAY, I PUT MY TRUST IN YOU AS MY LORD AND SAVIOR. I ACCEPT YOUR FREE GIFT OF ETERNAL LIFE AND I SURRENDER MY LIFE TO YOU.

THANK YOU FOR FORGIVING MY SINS. FROM THIS DAY ON, I CHOOSE TO FOLLOW YOU. AMEN.

15

IF YOU HAVE JUST TRUSTED JESUS CHRIST, THEN THE FOLLOWING THINGS HAVE HAPPENED TO YOU:

MAN

GOD



JESUS

Eternal Life
Forgiven

YOUR
ETERNAL
LIFE WITH
GOD BEGINS
TODAY.

"I am writing this to you so that you may know that you have eternal life — you that believe in the Son of God."
(1 John 5:13)

16

- **ALL OF YOUR SINS ARE PAID FOR AND FORGIVEN.**
(PAST, PRESENT, AND FUTURE SINS)

"And then he says, "I will not remember their sins and evil deeds any longer." (Hebrews 10:17)

- **YOU ARE A NEW PERSON IN GOD'S EYES.**
A NEW LIFE HAS BEGUN FOR YOU.

"Anyone who is joined to Christ is a new being; the old is gone, the new has come." (2 Corinthians 5:17)

- **YOU BECAME A CHILD OF GOD.**

"Some, however, did receive Him and believed in Him; so he gave them the right to become God's children." (John 1:12)

17

+ You now have a very personal and permanent relationship with the Lord Jesus Christ. To grow in your relationship with Him:

- **PRAY TO HIM EVERYDAY.**
This is how we talk to God.
- **READ THE BIBLE.**
This is how God talks to you. Begin with the Gospel of John. Read a chapter a day and ask the Holy Spirit to help you understand it.
- **JOIN A DISCIPLESHIP GROUP TO GROW.**
Learn more about God and how to please Him in a discipleship group.
- **ATTEND A BIBLE-BELIEVING CHURCH TO LEARN MORE ABOUT GOD AND HOW TO WORSHIP HIM.**
- **SHARE THIS BOOKLET TO BLESS YOUR FAMILY, FRIENDS, AND OTHERS.**

18



Today is
your spiritual
birthday.
**HAPPY
BIRTHDAY!**

As a reminder of your commitment today,
read and sign this pledge:

**TODAY, I TRUSTED IN
JESUS TO BE MY LORD AND
SAVIOR AND I ACCEPTED
HIS FREE GIFT OF ETERNAL
LIFE. FROM NOW ON, I WILL
FOLLOW JESUS FOR THE
REST OF MY LIFE.**

Name:

Date:

19



CHRIST'S COMMISSION FELLOWSHIP

ORTIGAS EAST (FORMERLY FRONTERA VERDE),
ORTIGAS AVE. CORNER C5 ROAD, PASIG CITY

(02) 8866 9900 info@ccf.org.ph www.ccf.org.ph

All verses quoted from the Catholic Version of the Good News Bible



CCF Center, Ortigas East
Ortigas Avenue corner C5 Road,
Pasig City 1604 Philippines

ccf.org.ph



We'd love to hear from you.
Contact us.

8866 9900 loc. 8962
glc@ccf.org.ph
glc.ccf.org.ph